

Lactating Individual Request Form

Complete this form if you are a lactating individual requesting permission to bring a breast pump, related accessories, and a cooler containing ice packs into the testing facility and requesting access to a space to use the breast pump during the examination.

NAME: _____

EMAIL: _____ PHONE: _____

DATE: _____ EXAM DATE (MO/YR): _____

Choose One:

- ☐ Option 1: STANDARD TESTING — Breast Pumping Without Stop-the-Clock Breaks

This option permits an applicant to bring and use a breast pump during the examination, with access to a designated space, without stop-the-clock breaks. The applicant remains subject to the standard examination timing and break procedures. The Lactating Individual Request Form and required medical documentation must be received by the Board no later than January 15 for a February examination or June 15 for a July examination.

Submit the completed form and a letter from your healthcare provider to:

sshipp@ilbaradmissions.org

- ☐ Option 2: STOP-THE-CLOCK BREAKS — Breast Pumping With Additional Break Time

This option permits an applicant to bring and use a breast pump during the examination, with access to a designated space, and provides an additional 30 minutes of stop-the-clock break time for each three hours of testing. The Lactating Individual Request Form and required medical documentation must be received by the Board no later than November 30 for a February examination or April 30 for a July examination.

Submit the completed form and a letter from your healthcare provider to:

NTA@ilbaradmissions.org

Medical Documentation

For either option, the applicant must submit a letter from an appropriate healthcare provider verifying the need for the requested accommodation. The letter should identify the applicant's need to express breast milk during the examination and support the accommodation requested.